

**2022 Crystal Palace Triathlon**  
**Adult Super Sprint - race numbers and start times**

Registration opens at 7:30am

Forename	Surname	Race number	Swim start time	Start swim after	Gender	Club name
Nicola	Atkinson	259	09:32		Female	
Tim	Balaam	249	09:30		Male	
Bes	Boreham	277	09:37		Female	
Stefania	Braccini	247	08:39	284	Female	
Kane	Branson	282	09:38		Male	
Hannah	Capey	262	09:33		Female	greenwich tritons
Diana	Chapman	285	09:39		Female	
Alex	Chase	274	09:36		Male	
Lauren	Cook	270	09:35		Female	windrush triathlon club
Claire	Davies	269	09:35		Female	
Tina	Daviter	272	09:36		Female	
Daniel	Devitt	275	09:36		Male	
Alistair	Dunn	264	09:34		Male	
Louise	Eaden	283	09:38		Female	
Simon	Evans	250	09:30		Male	Cambridge Triathlon Club
Paul	Finnegan	260	09:33		Male	
Jon	Forde	281	09:38		Male	
Emma	Gilgunn-Jones	251	09:30		Female	
Jennifer	Glassford	245	08:46	272	Female	
Joe	Hennigan	254	09:31		Male	
Emma	Johnston Hawke	263	09:33		Female	None
Helen	King	268	09:35		Female	
Charlotte	Kinnaird	253	09:31		Female	
Alicia	Lovejoy	276	09:37		Female	
Anna	Marriott	258	09:32		Female	
Sebastian	Massei	266	09:34		Male	
Anne	Monaghan-Coombs	280	09:38		Female	
behnam	montakhab	246	08:40	279		
Paul	Murrell	248	09:30		Male	
Sarah-Jane	Nelson	261	09:33		Female	
Michelle	Nelson	286	09:39		Female	
Sarah	Nicholson	256	09:32		Female	
Jean	O Donovan	284	09:39		Female	
Tulika	Oommen	257	09:32			Westcroft Triathlon Club
Marisa	Osborne	255	09:31		Female	None
Deborah	Roback	278	09:37		Female	London Fields Triathlon Club
richard	Selway	265	09:34		Male	Beckenham Running Club
Joanna	Smith	273	09:36		Female	
Neil	Streete	267	09:34		Male	
Liz	Tait	271	09:35		Female	
Lance	van Romunde	279	09:37		Male	
Alison	Ward	252	09:31		Female	Optimum Tri